

Criteria for inpatient admission of a patient with nutritional insufficiency

Patient's weight <75% of ideal body weight, or weight loss despite treatment

Refusal to eat

Body fat <10%

Bradycardia (heart rate 50 bpm at daytime, <45 bpm at bedtime)

Systolic blood pressure <90 mm Hg

Orthostatism

Temperature <35.5°C (96°F)

Dysrhythmias, prolonged QTc

Syncope

Severe hypokalemia (potassium <3.0 mEq/L)

Severe hypochloremia (chloride <90 mEq/L)

Esophageal laceration

Suicidal ideation

Hematemesis

Intractable emesis