Drugs to reduce or eliminate in the management of delirium

Alcohol
Antiarrhythmics
Anticholinergics
  Oxybutynin
  Benztropine
Anticonvulsants
Antidepressants
  Amitriptyline
  Imipramine
  Doxepin
Antihistamines, including diphenhydramine
Antiparkinsonian agents
  Amantidine
  Dopamine agonists
  Levodopa-carbidopa
Antipsychotics, especially low-potency, anticholinergic agents
Barbiturates
Benzodiazepines
  Alprazolam
  Chlordiazepoxide
  Diazepam
  Flurazepam
  Triazolam
Choral hydrate
Histamine-2 blocking agents
Opioid analgesics, especially meperidine

This table is adapted from the PIER module "Delirium" (http://pier.acponline.org; ACP membership required). The information included herein should never be used as a substitute for clinical judgment and does not represent an official position of ACP.